

**Cycle 4 – Asthma**  
**2412 - All About Inhalers**  
**SCRIPT**

**(1)**

**SANDY JUNG-WU, MD:**

Generally for asthma we use inhalers, and an inhaler is a device that helps to propel the medication into your airways.

**(2)**

**MICHAEL LAND, MD:**

Among the inhaled medications there are medications that are delivered through a metered dose inhaler, which is a typical pump device, which will release an aerosolized form of the medication.

**(3)**

**PAULA ARDRON, MD:**

The companies that make these inhalers usually color-code them. And so that makes it easy for a patient to identify which is the medicine they should be using every day versus the one that they should have for emergency.

**(4)**

**SANDY JUNG-WU, MD:**

So, depending on your needs and your situation and your clinical picture, there's different types of inhalers. And there's different devices that propel the medication differently. And, so, make sure you talk to your physician to make sure you're comfortable with how to use the medication.

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