

Cycle 2- Allergies
2203 - Allergy Development in Children
SCRIPT

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JOHN CHASE, MD:

Allergy is kind of a unique field because we do see cradle to grave basically. So we see both children and adults.

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SANDY JUNG-WU, MD:

We call it the Atopic March. So babies, they start sensitizing while they're crawling around. So, sensitization for a lot of food, as well as pollens, can start at an early age. And then, eventually, that can lead to eczema, as well as food allergies, and then marching forward, allergic rhinitis.

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MADLYN FERNSTROM:

Food allergies are more common in children than adults. Common food allergies in children are milk, eggs, and peanuts. Children almost always outgrow milk and egg allergies, but peanut and tree nut allergies often persist into adulthood. Common food allergies in adults are shellfish, especially crab and shrimp, peanuts, and tree nuts. Avoiding specific foods during pregnancy or while breastfeeding will not prevent a child from being born with a food allergy.

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ASHMI DOSHI, MD:

In terms of patients who are allergic, we do kind of see more of that stepwise progression. So, you know, as a baby they might have food allergies and eczema. When they get older, they might develop nasal allergies. And then, when they get a little bit older, they'll develop asthma. And that may persist through their life.

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