

**Cycle 1 – Hand and Wrist**  
**2108 – Patient Profile: Grant Fuhr**  
**SCRIPT**

**(1)**

**GRANT FUHR:**

When I first played hockey, I had no issues whatsoever. But I had somebody run into me and the arm was in an awkward spot and just kinda ripped it outta the socket. By the time I finally had my first surgery, it had dislocated seven or eight times. So they decided that they were gonna bolt it back together again.

**(2)**

**GRANT FUHR:**

I had to have a complete reverse shoulder replacement. The rotator cuff was no good anymore, but it was something I had to have because it had to be functional. I needed it to be functional so I could play golf and do some other things in life. So it worked out perfect for me.

**(3)**

**BRIAN HILD, MD:**

There's the stem, the ball. That screw is from your previous procedure, but these are all our screws.

**(4)**

**GRANT FUHR:**

When I woke up from the surgery, I thought it was gonna be pain free for the most part. But once the nerve block wore off, I got fooled a little bit. It actually hurt. But in five days, the pain was gone.

**(5)**

**GRANT FUHR:**

I wore a sling for the first month, and I think for the first three weeks, I didn't spend much time roaming around outside. But as it gradually got more comfortable, you take it out of the sling for a little while, have to sleep with it every night for a while. But as it moved around a little more, it got a little more comfortable. And then I started therapy, oh, probably three weeks after having the surgery where they were just light moving it around.

**(6)**

**GRANT FUHR:**

I assumed that I would get probably 70 or 80% back and it would be semi-pain free. But I've got probably almost 100% more than I thought I was gonna get and I've got no pain. So for me, it's been a win-win.

**(7)**

**GRANT FUHR:**

I think people have to realize that there's other things in life other than living with pain. I mean, surgery sounds bad, but the end result's good. And I think that's the big thing is you have to look at the end result. It's not what's happening in right at that moment in time. It's what's the end result gonna be.

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