

So after you've had a Caesarean delivery, you have the option of having another Caesarean delivery with a future pregnancy or having a vaginal birth after Caesarean.

We call that a trial of labor after Caesarean section. We do recommend you have it in a place where if there is an emergency that it can be attended to in a timely manner. But we encourage women to have a trial of labor after Caesarean section.

That option to have a vaginal birth really depends on what kind of Caesarean delivery you had the first time.

And it also just depends on the hospital that you're planning to deliver at.

So those two options of a repeat Caesarean delivery or a vaginal birth after Caesarean are ones that you need to discuss with your provider and the two of you can come up with a plan as to how to proceed with this pregnancy.