

MS10 VT11 FAQ My Baby is Breech v2

[Music]

Women often wonder if having a vaginal delivery is possible with a breech baby or one who's coming either feet or bottom first. Most hospitals and physicians do not offer vaginal delivery in this position but may offer you a procedure called an external version where we attempt to turn the baby to a head down position and then allow you to have a vaginal delivery.

But if the baby remains breech at the end of your pregnancy then we usually recommend a cesarean as the safest method of delivery.

[End of recording]