

MS10 VT09 New Baby Adjustments v2

[Music]

You were one of the lucky ones, Patrice, in that you got pregnant on your honeymoon you were telling me.

I did.

And had a very easy pregnancy.

Very easy.

No morning sickness.

You delivered your son in three hours?

Three hours. My water broke and three hours later I had him in my arms. So it was very intense.

Now it's here. The baby's here and you're going out in the world, what was it like when you left the hospital? What was going through your mind?

Well I think when you leave the hospital it's such a surreal experience that you can't believe that this person that's been inside of you for nine months is now an actual baby that you are responsible for keeping alive and it is. I mean, those first few weeks you both are just shells of yourselves you're so sleep deprived but there is something to be said for the two of you relying on each other so greatly and realizing that you can...

That you can do it.

...that you can keep a human being alive.

Right, exactly, that it's much harder to hurt them than you thought.

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Exactly, it's amazing how instincts just kind of kick in.

So when you brought the baby home you said your mother-in-law was here.

Your mom was there.

My mom came a few days after and stayed with us and then, you know, all these parents came in for a few weeks so I had help.

Had you prepared yourself in terms of your home was ready for the baby and?

I think because it happened so suddenly, you know, we didn't get caught up in all buying stuff and we didn't have a room for it.

Right.

So we prepared as best we could but I don't think we over prepared because we didn't have the space. The misnomer is that you need all this stuff and that you need all this space and you don't need anything. Like you need...

That's so true.

You need, you know...

Maybe a little basinet or something but that's it.

Exactly. You need like a basinet. You need a couple of blankets and diapers.

[End of recording]