

MS08 VT04 Tales of Labor v2 540

[MUSIC]

Were you at all stressed knowing that the baby could come at any time?

He did come at any time. He was six weeks early.

What happened?

I was working. I was just trying to live a normal life, trying to be mindful of the fact that I didn't want to over extend myself but, you know, you have to stay busy, you have to be good at what you do. So I remember leaving and I wasn't feeling so well when I got in the car and I was at home. I had a doctor's appointment the next day. I almost didn't go.

Why?

Because I just didn't feel like getting up early. I'd stayed late and I just-- it's like, you know what? I better stick with it. And thankfully I did. On this particular day they said his heart rate is dropping a lot. Had I not kept that appointment I don't know...

What would have happened.

...what would have happened.

Which is another reason why it's so important to see your doctor on a regular basis especially when there are any preexisting conditions.

Yes.

What's your son's name?

Jack.

Jack. And how old were you when you had Jack?

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I was 37 when I had Jack.

Thirty seven? Okay.

And it was a great pregnancy. I felt great but I wanted a vaginal birth and that didn't happen for me because his heart rate was dropping. The cord was wrapped around his neck. The doctors came in and I was flipping on one side and then I was flipping to the other side and then it became an emergency C-section with him.

Which is scary.

Which is scary but it turned out great and he's beautiful and wonderful and it was excellent.

[End of recording]