

[Music]

So, Paula, you're what I would say was a more mature mom. You waited a while to have kids.

Yes. A friend of mine called me advanced maternal age, and I said yes, thank you very much. I appreciate that.

We were joking before you said that you're the one who used to call children jokingly "it." Everybody knew I was the one who was not going to have children. This wasn't in my DNA. I was just that it wasn't until I decided at 37, I think I met the right person.

What was that pregnancy like for you?

The first trimester was -- I pretty much sailed right through it.

Did you feel like I've been taken over at any point?

He'd get the hiccups pretty often. So he'd be in there hiccupping away. And there's nothing you can do. You know, you could try to scare it in there.

[Laughter]

That's not going to work.

Yeah, and I would be trying to sleep and he'd be hiccupping away. Or with the arm away moving around.

How would you describe the first time you felt the baby move?

Shocking. Shocking. And I thought, is that okay? Okay, that's all right. You know he should move. I don't want him to be stagnant. He was moving a lot throughout the duration of the pregnancy. It was like a rollercoaster ride all the time, 4:30 in the morning usually.

When he would start?

His being so active certainly helped me. I think I would've been a lot more nervous if he were not so active. He was a very busy, active little boy.

But not all babies move a lot because my first son Ben rarely moved. And it turned out he was a footling breech. So he was standing up with one leg up. So there was very little movement for a long time, and I would get ultrasounds a lot because I was so scared. I was so nervous, and I had a lot of miscarriages before. And why isn't he moving? I knew other moms-to-be and their babies were moving. So it's really important to learn what's happening with your own

baby and not really just compared to everybody else because sometimes they're very different.

[End of recording]