

MS03 VT10 FAQ Bleeding Gums v1 540p

[Music]

It is normal to have a small amount of gum bleeding in pregnancy. You may notice increase in nosebleeds as well, and this is because the tissue gets more blood flow and sometimes gets a little more swollen and irritated.

And if you find it to be problematic, buy a softer toothbrush. That can sometimes be helpful.

[End of recording]