

MS02 VT14 FAQ Household Cleaner Safety

[Music]

When you are pregnant, one thing to consider is what products you are using in the household. You want to be using things that are not toxic to you or the environment. If possible, try to use green products or natural products. And you want to avoid mixing chemicals or products because those can end up in a product that could be more toxic for you or the environment.

What's most important is that you can use your usual household cleaners, but make sure that you're using them in a well-ventilated area and you're trying not to inhale them or ingest them. Also make sure that you have a nice locked cabinet for some of those cleaners, so that you're new baby can't get into them.

[End of recording]