

## **MS01 VT02A Genetic Screening**

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We definitely recommend making an appointment with your physician before a pregnancy.

Some patients have medical issues that we would like to fine-tune before they become pregnant. Some patients are on medications that we might like to adjust or take them off of before they become pregnant.

You can also get some genetic screening done early in pregnancy or before pregnancy for genes that you might be a carrier for.

Those tests we recommend depending on your ethnicity.

There are some genetic illnesses that do run in certain populations, so speaking to your doctor about your risk for trisomy, for cystic fibrosis and other genetic illnesses is a good idea.

It might help you prepare for any abnormality that your baby might have.

Not all genetic abnormalities are able to be detected, but we're able to detect the most common ones. The reality is, what would you do with the information that you obtained?

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Some people want to get the information because it helps them to get prepared for a pregnancy that might have some abnormalities.

Also, people can choose not to have it done. They may not want the information. They may find that the information makes them more anxious, and in those cases we recommend patients not have the testing done.